Life's Risks

Why Men Fail

Breaking the Risk Cycles

PROGRAMME 3
INTERVENE

INTERVENTION PROGRAMME

Breaking the Risk Cycles

Programme 3

€ 1,500 | 8 one-hour sessions | online | valid for 3 months

Equips men with practical strategies to interrupt destructive cycles and implement targeted, wise interventions against the nine major risks.

While still covering risk awareness and the understanding of how risks compound., this programme concentrates on deliberate, practical intervention. Men learn to interrupt active risk cycles and install concrete countermeasures against the nine major threats. The emphasis is on wise, proportionate action rather than dramatic overhauls or temporary willpower. Participants develop personalized intervention strategies that address alcohol, drugs, gambling, sex and lust, crime, toxic relationships, group dynamics, falsity, and forms of immorality.

The work is behavioural and structural. It includes identifying high-risk situations, creating protective boundaries, replacing destructive habits with functional alternatives, and practising decision-making under pressure. Intervention is treated as a skill that can be refined through repetition and feedback. Men are supported in moving from insight to consistent execution, learning to act early and effectively rather than reacting after damage has occurred. The stage is action-oriented yet measured; it rejects both passivity and impulsive reform. By the conclusion of this dimension, participants have begun to shift from being subject to their risks to actively managing them. This creates the practical foundation necessary for the final stage of sustained reduction and growth.

Our Programmes at a Glance

	Key Output	Key Output Focus	Prg. 1	Prg. 2	Prg. 3	Prg. 4
Prg. Name			Risk Awareness	Life Risk Intensive	Breaking the Risk Cycles	Risk Reduction & Prevention
Approach			Introduction	Intensive	Intervention	Signature Programme
Focus			Recognize	Understand	Intervene	Thrieve
No. of one-hour sessions			1	6	8	12
Price in EUR			100	1100	1500	2100
Key Output 1	Nine Risks Overview & Awareness	Recognize	X	X	X	X
Key Output 2	Personal Risk Profile	Recognize		X	X	X
Key Output 3	Compounding Risk Map	Understand		X	X	X
Key Output 4	Compounded Risk Model (CRM)	Understand		X	X	X
Key Output 5	Wise Intervention Plan	Intervene			X	X
Key Output 6	Protective Habits Plan	Intervene, Thrieve				X
Key Output 7	Personal Wisdom Charter	Thrieve				X

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